



Friends of Patients at the NIH Many helping one. One helping many.
The Friends of Patients at the National Institutes of Health provide Hope and Healing by giving emotional and financial support to patients receiving groundbreaking and life-saving treatments at the NIH.

Family and Friends...

"The support that Friends provided was huge. It was just what we needed at the right time." - William B.



William B. is keenly aware that his medical care has taken him a long way from home and his two teenagers -- 900 miles, in fact. Like many patients who come to the National Institutes of Health (NIH) for groundbreaking treatment, he faced a tough choice - balancing the chance to enroll in a potentially life-changing protocol with his role as an active, loving parent.

Now enrolled in a new drug trial for major depression disorder, William had previously undergone outpatient treatment and brief hospitalization in Florida. Although he showed some improvement, he's found the protocols at NIH "head and shoulders" above programs he'd tried.

But problems at home threatened to derail William's treatment. He and his wife were separating. His 16-year-old son, Danny, was skipping school. And his 18-year-old daughter, Alyssa, was facing senior year stress. William was so distraught he wanted to quit the treatment trial despite the benefits he was seeing and his valuable role as a study participant.



That's when *Friends of Patients at the NIH* stepped up.

If William couldn't go to Florida, why not bring the teenagers to him?

William had worked as a state inspector and auto industry field engineer. But his illness took a toll - he'd been out of work for a year and he had no savings.

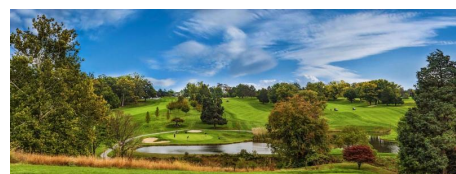
So *Friends at NIH* arranged airfare, a hotel stay and a weekend of special events for the threesome. "As soon as Alyssa saw me at the airport, she was grinning ear to ear and super happy," William recalled. Outings included a trip to iPic, an upscale movie theater, and a chance to try out "duck pin" bowling.

For William, the quality time with his children was priceless. He enjoyed just hanging out with them and setting pressures aside. "The break was good for them and it was really good for me because I didn't cut my stay short." And that commitment helps not only William, but also others who may struggle with depression in the future.

William returns home in a few weeks but says he'll never forget the special family weekend that *Friends* made possible, which was the right therapy at the right time. "I'm so grateful for people like you. I was super grateful for NIH, the research and protocol, and then when the social worker told me about *Friends*, it was icing on the cake."

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**The 2017 Annual Golf
Tournament is just around the
Corner....**



**Please join us for the
Friends at NIH 2017 Golf Tournament
May 18 at the Argyle Country Club in Aspen Hill, Maryland.**

What better way to celebrate NIH patients, and *Friends'* support for them, as they partner with the nation's top scientists in the search for medical breakthroughs and cures.

Sponsorships are available.

Be a sponsor, be a *Friend!*

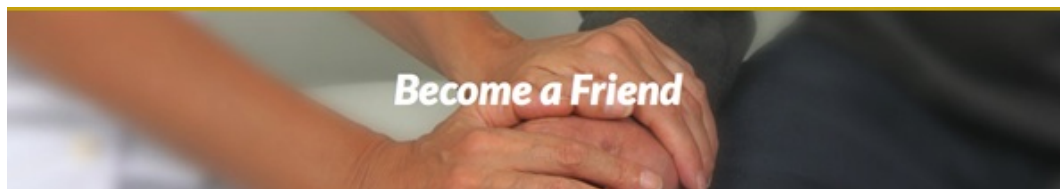
For more information and to register, [please click here to visit our website.](#)

Welcome to Spring...

As the blossoms burst on the NIH campus,
please renew your gift today or become a new *Friend*.



[DONATE TODAY !](#)



Friends of Patients at the NIH provides support for patients at the NIH Clinical Center by offering financial assistance for housing and utility expenses, access to respite care and support for travel costs.

Friends champions NIH patients, helping to cover their essential needs so they can focus on recovery, healing and their unique role in health discoveries.

Donate Today

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